

EMS Halifax

EMS Halifax - The method of combining a cold compress and a hot compress together with EMS or electrical muscle stimulation is a therapy referred to as Constitutional Hydrotherapy. This therapy stimulates the immune system allowing the patient to reposition from a dominant sympathetic state to a more calm parasympathetic state, that really helps to stimulate the bodies healing process. The electrical muscle stimulation causes muscle contractions in order to boost lymph and venous blood circulation.

Likewise utilized as a complimentary treatment, Constitutional Hydrotherapy can work for a wide array of physical conditions including irritable bowel syndrome, asthma, premenstrual syndrome, respiratory infections plus other physical conditions that help to support the immune system. Patients can require as many as 10 treatments to see real benefits.