

Registered Massage Therapist Halifax

Registered Massage Therapist Halifax - An energy healer is actually someone who is gifted with working with balancing the energy field that surrounds the animal or human body. The energy field is called different things; traditionally referred to as the chakras, aura body, chi or the energy body. To an energy healer, the term is not as vital as the effects of working with it.

Energy healing is an integral part of whatever holistic healing plan since our energy fields are practically related to our whole health. Energy work is connected with the gateway of the Spirit. The Body Gateway is linked with physical healing, the Mind Gateway is connected to mental and emotional healing and the Spirit Gateway is linked with energy healing.

It is normally believed by a lot of energy healers that every dis-ease begins from and could be healed through working together with the energy body. Like for instance, if you have respiratory concerns, you may have a block around your lungs. As soon as an energy healer unblocks that area, your respiratory concerns must decrease or disappear.

Energy healers may operate in a lot of different ways, according to the system of healing they work with. The basics of any healing art will involve unblocking, re-routing, charging with light and exorcising negative fields. Your local spiritual bookstore or metaphysical store might be able to put you in touch with an energy healer if you feel this can be for you.