

Rehab Halifax

Rehab Halifax - EECp therapy is an outpatient treatment used for heart failure and angina. For people who experience these conditions, basic activities like for instance getting the mail or walking the dog can be really difficult. If you or someone you know suffers from heart failure or angina, the non-invasive treatment known as EECp therapy can be useful. Statistics prove that approximately 80 percent of people who complete the 35 hour course of EECp therapy report substantial symptom relief which may last as long as 3 years.

EECP therapy has been proven helpful for heart failure and angina treatment. Treatments could be given for an hour a day, up to 5 days a week for as many as 35 hours. A treatment would normally require lying on a table using large blood pressure like cuffs wrapped round your buttocks and legs. At certain times in between your heartbeats, these cuffs deflate and inflate. A continuous ECG or also referred to as electro cardiogram is used so as to set the timing. This insures that the cuffs inflate while the heart is in its resting condition where it usually receives its blood and oxygen supply. Then the cuffs deflate at the end of that rest period, just before the next heartbeat. The individual wears a special sensor on their finger to monitor the oxygen levels in their blood. The sensor likewise checks the pressure waves created by the cuff deflations and inflations.