

Colonic Halifax

Colonic Halifax - Colon Hydrotherapy, likewise known as colonics, colon irrigation or colonic irrigation, is a process which gently flushes water into the rectum so as to help in emptying the colon of all the mucus and toxins. Colon hydrotherapy treatment is actually applied to be able to ease constipation, assist the body's detoxification process, assist loosen the muscles of a tight colon, strengthen a relaxed colon as well as to cleanse the colon throughout fasting. Colonics are indicated when there is an proliferation of toxicity and mucus levels in the body. Depending on the patient's physical condition, either lukewarm or cool water may be used.

Though colon cleansing could really be beneficial in various physical conditions, there are several times where it is not used. Life-threatening or potentially critical physical conditions that affects the patient's colon like for instance colon cancer, diverticulitis, ulcerative colitis, inflamed hemorrhoids, intestinal obstructions, or intestinal bleeding are particular instances this treatment is not utilized. Colon hydrotherapy is also contraindicated in hypertension and being pregnant.