

## Mesotherapy Halifax

Mesotherapy Halifax - Mesotherapy is a non-surgical cosmetic medical cure that was developed in the 1950s by French physician, Dr. Michel Pistor. This form of cure has been used to eliminate cellulite, treat sagging and aging skin, promote weight reduction and to rejuvenate the skin in the neck and the hands. Furthermore, it has been used in the treatment of wrinkles, scars and stretch marks.

Treatments making use of mesotherapy is amongst the world's most common treatments. The therapy uses many injections of homeopathic medications, plant extracts, vitamins and pharmaceutical components into the subcutaneous fat layers. These injections are reputed to target adipose fat cells by the nature of inducing lipolysis, or cell death and rupture amongst adipocyte cells.

Mesotherapy has a reputation of affecting the fat deposits in the body by breaking down the connective bonds of adipose fat cells. The newly broken down adipose tissue is then naturally flushed out of the body and a more even skin tone is among the results. The patients can erase cellulite and have their target areas become smooth once more. Amongst the most popular areas on the body to receive Mesotherapy comprise the thighs, the area under the chin, legs, abdomen, arms, and hips.

One of the draws to Mesotherapy is that is normally a minimally invasive procedure. Treatment sessions rarely take longer than 15 minutes to a half an hour to complete. The treatment involves stimulating the middle layer of the skin or mesoderm making use of special mixtures of vitamins, minerals, homeopathic and traditional pharmaceutical medicines. The concentration of these elements is personalized and based on the patient's individual requirements. Usually, a series of treatments is undergone so as to attain the best outcome. Injections are usually spaced out over 1 to 2 week intervals, and most treatments do not take any more than sixty minutes to do. Depending on the part being treated and the complexity and size, the specific number of treatments could range from 4 to 15.

As Mesotherapy injections are specifically targeted on the body, just a small amount of medication is required to bring about instantly visible outcome. One more benefit is that patients can avoid many of the side effects that often accompany more dangerous surgically invasive procedures or orally administered medications.

Mesotherapy has just become common within North America. In other parts of the globe like for instance Europe and South America, the treatment has been accessible for lots of years and has earned a successful reputation. Mesotherapy is utilized mostly as a safe substitute to liposuction, however, it has been effective too for the cure of muscle spasms and arthritis. There are various clinics which specialize in Mesotherapy for face-lift methods and other specific jobs like for example eyelid surgery. These treatments are called Meso-lifts.

### Mesotherapy Side Effects

Clients usually fret about pain after and during injections. However, Mesotherapy injections cause the same amount of discomfort as all other injections. Many clinicians can provide a topical numbing cream or use numbing injections previous to the treatment since Mesotherapy comes in a series of injections. The main side effect is soreness, as though you had just finished a strenuous workout. Knots in the injection part are another common side effect and this is considered normal. The knots represent that the Mesotherapy is dissolving your cellulite and the treatment is doing its job.

Bruising is another common side effect of the cure. It usually resolves itself in one week. To be able to speed up the healing process, the use of the homeopathic remedy Arnica Montana can be administered, either topically or orally or both on a daily basis.

### Length of Mesotherapy Results

Results for Mesotherapy cure normally last at least a year. It is extremely vital for patients to maintain a healthy way of life in order to keep their shape. Of course, any additional weight one gains after a Mesotherapy treatment will affect their body's shape.

### Recovery Time

It is common for patients to rest for a day or so after treatment. It is suggested for patients to massage the treated areas to be able to help alleviate whichever soreness and help disperse the injection throughout the area.

### Other Names for Mesotherapy

Mesotherapy has been called by various names comprising: Cellulite Reduction, Cellulite Removal Injections and Cellulite Removal.

### Overall Advantages over Surgical Procedures Like Liposuction

The treatment will not require any general anaesthesia, hospitalization or downtime. Liposuction does not treat cellulite, which could cause existing cellulite to appear more prominent. Mesotherapy however, treats the cellulite directly. Mesotherapy reduces fat in selected parts and this promotes smoother skin. As the fat deposits are flushed from the body, they do not reappear in other areas which unfortunately, often take place following liposuction.